

Lusting After Intimacy
a lack of
Lessons in ^ Self-Control Pt 6
Judges 16:1-3
7/22/07 Bud Wrenn Integrity

Judges 16:1-2 One day Samson went to the Philistine city of Gaza and spent the night with a prostitute. [2] Word soon spread that Samson was there, so the men of Gaza gathered, "When the light of morning comes, we will kill him."

About Lust...

- 1) it is usually acted out *in secret*.
- 2) It usually results in an *impulsive act*.
- 3) It always puts us in *compromised situations*.

The Remedy for Lust: Marital Intimacy

- 1) Develop a *humble spirit* with your spouse.
1 Cor. 13:4 Love is patient and kind.
- 2) Practice putting your spouse's **needs above** your own.
1 Cor. 13:4-5 Love is not jealous or boastful or proud [5] or rude. Love does not demand its own way.
- 3) Be open about your intentions, with no *hidden agendas*.
1 Cor. 13:6 It is never glad about injustice but rejoices whenever the truth wins out.
- 4) Practice forgiveness as well as *forgetfulness*.
1 Cor. 13:5; Love does not demand its own way. Love is not irritable, and it keeps no record of when it has been wronged.
- 5) Never give up on your marriage.
1 Cor. 13:7 Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.

Handling Temptation: Remember that....

- 1) Trouble often comes when things have been *going well*.
1 Cor. 10:12 You're not exempt. You could fall flat on your face as easily as anyone else.

2) Tempting situations are always to be fled.

2 Tim. 2:22 Run from anything that stimulates youthful lust. Follow anything that makes you want to do right. Pursue faith and love and peace, and enjoy the companionship of those who call on the Lord with pure hearts.

3) The slightest accusation often destroys a reputation.

Proverbs 25:10others may accuse you of gossip. Then you will never regain your good reputation.

4) Sexual purity is really doable.

1 Cor. 7:7-9we are not all the same. God gives some the gift of marriage, and to others he gives the gift of singleness. if they can't control themselves, they should go ahead and marry. It's better to marry than to burn with lust.